



CENTER FOR BIOGRAPHY AND SOCIAL ART

Biography and Social Art Program

A four year training in two phases

Biography and Social Art Work is the study of human life through the lens of one's own experience, through listening to others, as well as through the ideas given by Rudolf Steiner. It is, and will be for some time to come, an antidote or remedy for our increasing individuality and isolation; it holds the possibility of solving many difficulties in community and in communication. Biography work is a path between earthly and spiritual experience—it reveals Spirit working in the world.

The Foundations in Human Becoming

Phase One – two years

For people who want to experience the power of connecting in deep and meaningful ways with head, heart and hands.

Phase One invites us:

To explore - working artistically with others to cultivate a living understanding of nature, biography, the story of humanity, and the cosmos. Learning to trust process, while lessening the focus on product, encourages a sense of play, risk and adventure.

To experience - and engage in the research of human becoming, helping us to see development and reconnecting us to meaning and intention in life.

To foster - quiet work with pastels, paint or clay to open a new way of seeing; and then sharing in small groups to encourage further openings.

To listen - to stories together - our own and also fairy tales and myths – awakening new imaginations to break the spell that has enchanted the world and bewitched us into believing only what can be weighed and measured.

To observe - our own unique unfolding and develop ears and eyes for the other – cultivating interest and compassion.

Course Work

Small group work
Lectures and discussions
Work with artistic media
Exploration through movement
Presentations
Nature observation
Communication skills

Themes

Fourfold Imaginations of Life
Seasons, Elements, Temperaments
Time and Gender
Phases and Planetary Gestures
The Twelve Senses
The Uses of Enchantment
Evolution of Consciousness Through Art

Faculty: Patricia Rubano, director; Joseph Rubano; Leah Walker; Kathleen Bowen

Location: West Coast Rudolf Steiner College, Fair Oaks, CA

Dates: Year One: August 8-19, 2016; Jan 9-13, 2017; May 1-5, 2017 Year Two: TBA

Location: East Coast Threefold Educational Center, Chestnut Ridge, NY

Dates: Year One: July 11-22, 2016; Nov 28-Dec 2, 2016; Feb 27-Mar 3, 2017 Year Two: TBA

Tuition: \$4,000 each year; not including housing or meals.

Contact: Kathleen Bowen center4biography@gmail.com 413 320 1723

Website: <http://biographysocialart.org/education/biography-and-social-art-program/>

The Facilitator Training Certificate

Phase Two - two years

A continuation for those who wish to effectively foster connections through kindness and compassion.

This phase invites us:

To explore - complementary streams and where this work fits in.

To hone - skills of observation, inner discipline, reflection, facilitation, design and presentation.

To practice - listening and speaking with openness, warm attention and loving interest. At the heart of this work is conversation, the practice of giving and receiving.

This Program will provide deepening practice with the tools and processes we have been using. In addition, participants will be increasingly guiding and facilitating activities within and outside of the group. The support of a mentor and the opportunity for apprenticing are included.

Course Work

Small group work
Lectures and discussions
Work with artistic media
Exploration through movement
Project presentations
Nature observation
Communication skills
Practicing with mentor support

Themes

Group Facilitation and Learning Design
Biographical Conversations
Thresholds
Destiny and Karma
Working in the World

Faculty: Patricia Rubano, director; Joseph Rubano; Leah Walker; Kathleen Bowen

Dates: Similar to Foundations in Human Becoming

Tuition and Location: TBD

Contact: Kathleen Bowen center4biography@gmail.com 413-320-1723

Website: <http://biographysocialart.org/education/biography-and-social-art-program/>

Upon completion of the Foundations in Human Becoming AND Facilitator Training Programs, a Biography and Social Art Certificate recognized by the School of Spiritual Science in Dornach, Switzerland is awarded.

Reflections from two graduates:

As a licensed therapist, and someone new to anthroposophy, I was strongly drawn to learning about fresh ways to work with individuals and groups that was based in Steiner's teaching. Through this training I learned to perceive and trust the healing spirit at work within each of us, and how to step aside and behold this in ourselves and in each other through devoted attention. F. L.

I have learned a lot (through practice!) about taking hold of time, about tuning in to my deepest intentions and resolves and then acting on them. Some of these include: developing meditative and creative practices; cultivating loving, honest and empathetic relationships; investigating how I can best contribute what I have to offer to the communities of which I am a part; and manifesting all of this while not losing sight of keeping myself healthy and in balance with what my day-to-day life requires of me. This program has been a rich support in my efforts to build the life for which I've always wished. P. A.