

WOULD YOU RATHER BUILD BRIDGES



THAN WALLS?

If yes, you are warmly invited to meet with your neighbors by attending a free

Biography Workshop with Karen Gierlach,
long-time workshop facilitator and Carmichael resident.
Carmichael Library, Sunday, June 11, 2:30-4:30 p.m.

We all have life stories to share. By listening to each other in small groups and with **open-hearted interest** we will discover how much we have in common, despite our seeming differences. Through guided exercises using conversation, journaling, poetry, drawing, and images from art and nature, we will share memories from different phases of our lives. These activities can bring **new understanding, gratitude, and wonder** for the road others and we ourselves have traveled so far. They may inspire us to move into the future **with new enthusiasm and with hope.**

Please bring a notebook and pen, and crayons if you can. No special skills required, but recommended for ages 21 and up. For further information, and to RSVP, email pkgierlach@gmail.com

