

BIOGRAPHY LIFE CYCLES CLASS SPRING 2018

"What forms the human being if not his own biography" Novalis

In Biography (Life Cycles) we work with our own life stories through imaginative artistic and memory exercises for the seven year phases. We chart our lives, and share in an environment of self-reflection and compassionate listening. It is powerful work for understanding ourselves, our children, our family, our colleagues.

TWO FRIDAY EVE /SATURDAYS: , Mar 23-24, April 20-21,

Friday Eves: 7-9:30 PM : Saturdays 9 AM - 4 PM

Location : Home of Linda Bergh South Mpls.

Cost \$160 (sliding scale available)



The Life Cycles Work is unique to Steiner, and people have found it helpful to see the themes in each cycle. It helps us understand our children from a different vantage point, and opens up a new view of our future.

Linda Bergh: Psychologist Emeritus; Waldorf Teacher/Trainer; Biography Facilitator, locally and internationally; Death and Dying Guide; A striving human being exploring her elder years with curiosity.

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questions call 612-325-2775