

Sponsored by the Center for Biography and Social Art

TRANSFORMING TRAUMA

A workshop for those working in the helping professions

Workshop: April 6 (7pm-9pm) 7 (9am-9pm) 8 (9am-1pm)

Public Lecture: April 6 (7pm-9pm)

Green Meadow Waldorf School, Chestnut Ridge, NY



The wound is the place where light enters. -*Rumi*



This weekend we will explore the nature and meaning of trauma in biographical development and the challenges, sufferings and potential that it brings to our lives.

We will consider: the nature and impact of traumatic events, the interface between our individual wounds and the trials that belong to our time, the inner and outer resources and capacities needed to help someone suffering trauma, the phases and process of recovery, the forces of healing and transformation that arise out of the imagination of the human being that inspires biography work.

Talks and conversations on the theme will be accompanied by artistic and interactive exercises and the sharing of participants' experiences in their professional work.

Margli Matthews is a biographical counselor, trainer and supervisor with many years' experience in private practice and adult education. She directed the Diploma Course in Biographical Counseling in England for 20 years and runs courses and workshops in a variety of contexts in different countries. She is co-author of *Ariadne's Awakening*, a book concerned with a new consciousness of the feminine and masculine principles in our lives.

Workshop and Lecture Fee: Sliding scale of \$170-\$200 Lecture alone- \$15

Register by **March 28** by email- center4biography@gmail.com