Our Participants Say

“It made a difference to enter into a working community feeling connected. Space opened up for empathy after hearing our colleagues’ dreams and struggles. These authentic meetings made a difference discovering that all humans are doing and becoming the best we can.”

“I discovered how impactful people in my life were to me.”

People experienced how important it is to take a moment and really listen to each other, how they are not alone in this work; their stories overlap.

They noticed a thread running through their lives that brought them together as teachers at this school.

“Parent meetings are enlivened by creative exercises.”

“I notice the difference in the quality of a meeting when a few minutes has been taken to start with some kind of social artistic exercise.”

ADD YOUR SCHOOL HERE
ACCC Communities in North America

Self development never happens alone.

Rudolf Steiner, Austrian Philosopher, wrote and spoke about the stages of human life, from birth through old age, and the characteristics and meaning of each stage. His understanding of the first three stages was the foundation for Waldorf education.

Biography & Social Art works with life phases of childhood and beyond.

AWAKENING CONNECTIONS: CREATING COMMUNITY

What if your school hosted a series of Workshops where teachers, parents, board members and staff met one another as human beings, outside of their respective roles?

In these workshops listening deepens, empathy awakens and a new level of interest and support is sparked.

“The longing to be seen and heard in our full reality has arisen in every human soul since the beginning of this century and will grow increasingly urgent.”
—Rudolf Steiner

AWAKENING CONNECTIONS: CREATING COMMUNITY
www.biographysocialart.org

Apply Now
APPLICATION LINK: https://form.jotform.com/92745011572151
Awakening Connections was funded by a generous grant from JANEX NEWTON

Apply Now
AWAKENING CONNECTIONS: CREATING COMMUNITY is a series of three half-day sessions over a school year bringing faculty, staff, parents, and board members together to develop the capacity to listen deeply to themselves and to each other by sharing aspects of their biography relevant to a theme. These community-building sessions deepen empathy, encourage connections and celebrate diversity, equality and inclusion.

FROM A PARTICIPANT IN MEXICO:

“Biography work is valuable for our time; an emerging field and a holistic approach that helps to assimilate life experiences so we are not held by the past, but can move into the future with the wisdom inherent in our lives.

The work of biography is profound, artistic and gives us the tools and understandings to be better participants in our lives.

This work provides a moment of deep connection to reflect on life experiences and take into account the gifts and challenges that each cycle presents, and the patterns of response and reaction that we hold.”

1. Apply Online for CBSA to Come to Your School

Applications are accepted on a rolling basis. After we approve your completed Online application, we will contact you with dates for an introductory online session. The Program fee for three sessions is $1,800 plus travel and accommodation. Upon acceptance your deposit of $200 is due. APPLICATION

2. Schedule Your School’s Three Workshops

Three sessions of at least four hours, scheduled through the academic year will be conducted by a trained facilitator. Each session includes an exploration into the life phases. Artistic activities, conversation, and nature observation accompany and support the process. Biography exercises and conversation are powerful tools for building empathy, mutual interest, compassion, and a sense of community.

3. Enroll Your Entire School Community to Attend

Faculty, staff, parents and board members come together outside of their ‘roles’ in order to develop the capacity to listen deeply to themselves and to each other.

“Let’s invite one another in. Maybe then we can begin to fear less, to make fewer wrong assumptions, to let go of the biases and stereotypes that unnecessarily divide us. Maybe we can embrace the ways we are the same.”

—Michelle Obama

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